



July 20, 2011

International Samuel Exploration Progress Report (ISS: TSX-V)

The company is pleased to report that the crews for the surface phase of exploration have been mobilized to the company's 100% owned NIV and OMEGA Projects.

These two projects are located in the Omineca Mining Division in the southern Toodoggone and Johanson Lake region. Both the NIV gold project and the Omega porphyry copper-gold project have had recently completed airborne magnetometer surveys. The company is in receipt of this data and has designed a surface exploration program to evaluate the highest priority anomalies.

On the Omega porphyry copper-gold property a historical IP survey identified an open ended resistivity and chargeability anomaly with a coincident copper geochemical anomaly. This resistivity anomaly was the subject of 2 drill holes in 1982 which intersected 0.24% copper over 46 meters.

The 2011 exploration program will place an IP grid over top of the airborne magnetic low anomaly and a deep penetrating IP survey will be conducted to identify drill targets.

The airborne magnetometer survey over top of the NIV claim group has identified large structures that are coincident with historical soil geochemistry copper gold anomalies. Also a grab sample DD1-20 returned 7.03g/tAu, 2853 g/t Ag, 8.31% Cu (GSC memoir 251) from within this soil geochemistry anomaly.

A program of prospecting sampling and mapping has been planned for this phase 1 program for the NIV claim group.

On another matter, the Company announces that further to its stock option plan, it is granting options by an aggregate of 714,483 shares to various directors, officers, employees and consultants of the Company. The options are exercisable at \$0.12 per share for a term of two years from the date of grant.

Derrick Strickland P.Geo., a person qualified under NI 43-101 has approved this news release.

ON BEHALF OF THE BOARD OF DIRECTORS

"Conrad Swanson"
President

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